

# Launton C of E School Newsletter



22<sup>nd</sup> February 2024 | Issue 220

Children in Chestnut Class publish a 'blog' in the form of a magazine for children in school. They wanted to share one of their articles with you.

## Fruit-tastic and Veg-mazing!



Hi guys we are interviewing people who do sports to see what their favourite fruit and veg is and how it helps them. First up is Aiden" I do karate and my favourite fruit is strawberries. Strawberries give me energy to do karate because of their sweet taste." said Aiden.



Now we are interviewing Kiera." I do cheerleading and my favourite vegetable is frozen broccoli." said Keira. Fact alert broccoli and other green vegetables are filled with the vitamin K. It helps your blood clot together so that it is not too thin.

**Reminder: Everyone we are starting to eat healthy fruit and vegetables for snack. We should try to eat new fruits and veg everyday!**



## Key dates

[Term Dates 2023/2024](#)

[Term Dates 2024/2025](#)

## Message from the PTA

**WORLD BOOK DAY SALE – 7<sup>th</sup> March**  
Please bring in your preloved book donations over the next couple of weeks ahead of the preloved book sale. They can be left in a box by the hall. If you can help on the day from 2.30-4pm please let us know.

**EASTER EGG HUNT - Sunday 24th March**

We are busy planning this popular community event and as always, it's a big team effort! Thanks to all those have already offered to help.

We need volunteers to leaflet (8th March) and collect egg donations around the village (on 15th March from 6pm). There is a sign-up sheet on Facebook or get in touch with Laura Pickering to help. You can email us on [friends@launton-pta@googlegroups.com](mailto:friends@launton-pta@googlegroups.com)

Tickets will be on sale from 1st March by pre-ordering online (details to follow) or from the village shop.

Contact us by email at [friends@launton-pta@googlegroups.com](mailto:friends@launton-pta@googlegroups.com)

The trustees this year are;

Chair: Victoria Brandham

Vice Chair: Lucy Crawford

Secretary: Sarah Harrison

Treasurer: Laura Pickering & Laura Smith



## In other news

The Annual Village Clean Up has been scheduled for 9<sup>th</sup> March. More information can be found [here](#).

**Breakfast Club and After School Care** - We are really pleased to advise parents whose children use Breakfast Club, that from immediately after half-term the number of places available in Breakfast Club will increase, to reflect the increasing demand. There will also be extra places in After School Care on Mondays and Thursdays to respond to the recent increase in demand on these days.

Oxfordshire County Council are carrying out a county-wide survey about wraparound care; it would be really helpful if you could complete their survey, as they look to see how they might help schools to extend provision in response to a rising need nationally. [Survey Link](#)

## Updates & Reminders

### Dates for the Diary –

Monday 4<sup>th</sup> March – Reception and Year 6 National Childhood Measuring Programme (Information emailed to parents of children in Reception and Year 6)

Thursday 7<sup>th</sup> March – World Book Day

Sunday 24<sup>th</sup> March – Easter Egg Hunt

### Useful Links -

[Home Upgrade Grant for families](#)

[Home Start Volunteering](#)

The NHS has published the following guidance for parents and carers about [measles](#).

Oxfordshire Fire and Rescue Service `road Safety Team have asked us to signpost you to their guide [Walking with Children 365 Alive](#). The [Footsteps](#) programme is simple to use as it can be carried out in normal everyday situations such as walking to school or to the local shops.

[CAMHS Parent Webinar](#).

**Remember:** Please be aware that we have children in school with **serious food allergies**. To ensure the safety of all of our children please avoid sending your child to school with anything that contains nuts this includes sandwiches containing peanut butter or chocolate spread.

### **Useful Links**

Here is the NHS [Is my child too ill for school](#) information.

As parents and carers, there are ways we can support our children to give them the best chance to stay mentally healthy. Encouraging and guiding a child to think about their own mental health and wellbeing are vital skills you can teach them from a young age. [Children's mental health - Every mind matters](#)